

## What to Expect

- It is normal to experience redness, swelling, dryness and tightness in the first few days, these symptoms should be temporary.
- One to two days after the treatment is applied, the skin will begin to flake and peel.
- After about one week, you will see the skin beginning to look brighter and more even in tone.
- The results will continue to improve. You should see full results in 4 weeks once you complete the accompanied home care products.

## What to Avoid

- Direct sun exposure and excessive heat for at least 4 weeks.
- Exfoliating products or facial washing devices for 4 weeks.
- Excessive sweating in the first few days when the skin heavily flakes.

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**NEW**

# Enlighten Rx™

DEPIGMENTATION SYSTEM

## Patient Instructions

### 28 Day Home Regimen



## Day 1: Washing Off the Mask

Leave the mask on the skin between **8 to 12 hours** as introduced by your medical professional.

If you experience severe burning, wash mask off earlier with #1 Soothing Cleanser and apply #2 Soothing Balm. Do not use Retinol until inflammation is calmed down.

	Fair Skin	Medium to Dark Skin
Oily & Thick Skin	10 hours	12 hours
Normal Skin	8 hours	12 hours
Sensitive Skin	8 hours	10 hours



**1** Rinse off the mask with lukewarm water. Avoid contact into eyes. Do not use cleanser.

**2** Retinol 1.0%. Apply a thin layer over the whole face.

**3** Fortified Bleaching Rx (or Melasma Minimizing Tx). Apply 1 to 2 pumps over the whole face.



## Week 1 to Week 4



	Soothing Cleanser	Retinol 1.0	Bleaching Rx or Melasma Minimizing Tx	Elegance Shade SPF 30+
AM	✓	✓	✓	✓
PM	✓	✓	✓	

## Soothe and Hydrate (Twice Daily)



**SilverMoist™ Soothing Balm**  
Calm severe redness, swelling or dryness

**SilverMoist™ Hydra Serum**  
or  
**SilverMoist™ Daily Cream**

## Reapply Mask in 3 to 4 Weeks

Contact your provider for mask retouch or reapplication in 3 to 4 weeks once skin is healed. Repeat home care regimen and you will see full results in 4 to 6 weeks.

## Ongoing Maintenance Program

It is important to continue daily skin lightening regimen until your next treatment to prevent melasma and/or pigmentation recurrence.

- Bleaching Rx or Melasma Minimizing Tx (AM & PM)
- Retinol 1.0% (PM)
- High Potency Vitamin C Serum (AM & PM)
- Sun Protection EleganceShade (AM)
- SiliveMoist™ Daily Cream or Serum (AM & PM)

One should switch to non- Hydroquinone skin brightening products like ReveSkin™ DistinctBrite™ for 4 weeks after 3 month usage of hydroquinone products.

Enlighten™ Rx full cycle depigmentation system should be repeated 3 to 4 times a year to maintain a beautiful, even skin tone.